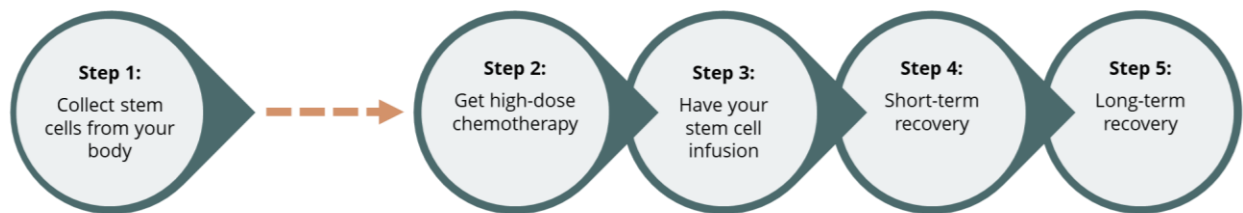


Module 4: Finalizing the Transplant Plan

There are five main steps in an auto transplant. This module focuses on the time between Steps 1 and 2 of your transplant process.



Content in this module includes:

1. The transplant clearance appointment
2. What a Central Line is and how it is [inserted](#)
3. How to get ready for your transplant

The transplant clearance appointment

- A transplant clearance appointment is when you are either cleared for transplant or not
- If you are cleared for transplant, your transplant coordinator will:
 - Give you an appointment to have a central line inserted
 - Schedule your transplant start date
- If you are not cleared for transplant, your transplant doctor will explain what other treatment options you have and what to do next

What a Central Line is and how it is inserted

- A central line is a thin tube that sends chemotherapy, medicines, stem cells, blood and fluid to your body through your blood. You can also have blood drawn through your central line
- Your central line will be [inserted](#) in your arm (PICC Line) or your chest (Hickman Line)
- Tell your healthcare team right away if you have pain or swelling near your central line. Pain or swelling can be signs of infection

How to get ready for your transplant

Outpatient	Inpatient
<ul style="list-style-type: none"> You will have an admission visit at the Day Hospital before your transplant starts. At your admission visit you will: <ul style="list-style-type: none"> Tour the Day Hospital and meet the team there Learn what to expect when you come to the Day Hospital every day Learn what you need to do at home before and after every visit Review your medicines with the transplant team Get your transplant binder Have more tests to make sure you are ready for transplant Bring a caregiver with you to your admission visit. One or two days after your admission visit you will begin going to the Day Hospital for your transplant. 	<ul style="list-style-type: none"> Your transplant coordinator will tell you when you will be admitted to the inpatient unit. Pack your hospital bag with: <ul style="list-style-type: none"> Important documents Comfortable clothes Things to help you sleep Toiletries Things to keep you busy Your transplant will begin the day after you have been admitted.

Module Summary

- After your stem cells are collected you will have a transplant clearance appointment. This when your transplant team meets with you and clears you for transplant.
- Once you have been **cleared** for transplant, you will have your central line inserted.
- Your final step before starting your transplant is going to your admission visit (**outpatient**) or being **admitted** (**inpatient**).
- If you are having an **inpatient** transplant, pack your bags with everything you will need for your hospital stay.

Key words	Definition
Admitted	When you come to the inpatient unit and stay until after your transplant
Central line	A central line is a thin, flexible tube that is placed into a large vein above your heart. It may be inserted through a vein in your neck, chest or arm. You can get medicine, fluids, blood, or nutrition through a central line. It also can be used to draw blood
Cleared	When your healthcare team has decided is it safe to proceed
Comfortable	Loose fitting and soft
Day Hospital	A unit at the Princess Margaret Cancer Centre where outpatient Auto Transplants occur. Most Auto Transplant patients get their central line removed at the Day Hospital even if they had an inpatient transplant
Inpatient	An inpatient transplant is when you get your treatments (PL pop-up: high-dose chemotherapy and your stem cell infusion) at the hospital. You will stay at the hospital for 2-3 weeks to recover
Inserted	Put into your body
Outpatient	An outpatient transplant occurs at the Autologous Stem Cell Transplant Day Hospital (Day Hospital). If you have an outpatient transplant, you sleep at home but visit the Day Hospital every day

