

Module 8: Learn about the role of caregivers

Content in this module covers:

1. What a caregiver is, why and how long you will need support
2. What a caregiver needs to know
3. How to pick a caregiver

What a caregiver is

- A caregiver is anyone who supports or cares for a patient throughout their CAR T-cell therapy. Caregivers help with daily activities and taking care of the patient
- Patients need a caregiver for at least 30 days after CAR T-cell therapy (while not in hospital)
- Let your Cell Therapy team know if you do not think you can find a caregiver

What a caregiver needs to know about recovery

- A caregiver helps keeps the patient safe during and after CAR T-cell therapy
- It is normal for a caregiver to feel stress. Caregivers should take care of themselves as well as the patient
- A caregiver may not be able to work for the time they are caring for the patient. There are resources and supports available to help

Choosing a caregiver

- Patients and caregivers need to discuss the role in detail and work on a plan they think they can manage
- The health care team will help teach caregiver what they need to know
- Check the hospital website for up-to-date information on the visitor policy

Module Summary

- The caregiver or caregiving team keeps the patient safe and provides support during and after CAR T-cell therapy
- All patients need a caregiver for at least 30 days after CAR T-cell therapy while at home
- Patients and caregivers need to discuss their needs and worries and talk how they will address them during and after CAR T-cell therapy